# Little Acorns Newsletter

### Dates for Your Diary 2019

At little Acorns we generally work term time, working with the school term dates. These are the dates for your diary and they are inclusive.

February Half term— 18th– 22nd Feb

Easter Holiday — 8th—22nd April

Bank Holiday Mon —6th May

Spring Holiday — 27th—31st May

Summer Holiday — 29th July— 30th August

Autumn Term Start — Wed 4th Sept

We will work a few extra days at the end of July as you can see, but if you want to stick to school holiday dates that's fine at no extra cost to you.

# Winter Bug (or any time of the year!)

Norovirus is also known as the <u>Winter Vomiting</u> <u>Bug</u> and it is the most common stomach bug in the UK, it also can cause diarrhoea. NHS Choices and the Food Standard Agency have put together some very clear advice with the aim of detecting the bug and preventing its spread.

- Wash hands frequently with soap, encourage children to do the same.
- Ensure infected children do not share toys or blankets.
- Keep children with the virus symptoms at home and away from other children .
- Children <u>must not</u> return to the setting for 48 hours after the last episode of vomiting or diarrhoea to stop the spread of the infection to other children and staff.

# **Other Helpful NHS Advice**

The NHS Choices website has some very useful advice on a full range of issues and worries or concerns. It is well worth a look for interest, or to investigate anything you may be worried about.

We have gathered a few of these together and they are on our website. We add to it when we can.

### Little Acorns website: Little Acorns Godstone-Home

We have information about :

Chicken Pox and Shingles, Conjunctivitis, Glandular Fever, Hand, Foot and Mouth, Headlice, Flu, Measles, Meningitis and Septicaemia.

There is also a list of vaccinations and a table of the rules on returning to school after illness.

# Full Term Ahead!

We have welcomed a couple of new children to our group this year, we now total 6, scattered across the week. It has been lovely to see the children develop their unique personalities and form some wonderful friendships, they certainly keep our life interesting with never a dull moment!

This term we have many celebrations to share together, Chinese New Year (year of the pig), Valentines Day, Shrove Tuesday, Mothering Sunday and of course Easter. We also have loads to enjoy outside with spring approaching, the signs of spring appearing, the bulbs flowering, the beautiful bluebells, the birds nesting and the famous frogs returning! We are hoping to have a 'Forest Day' for our families this year, at a weekend, with children and parents exploring together. More details to follow.

We will continue to develop opportunities to learn about ourselves and our families, homes, colours, shapes and sizes, shops, numbers, letters and sounds, and all the important things that interest the children as they grow. Watch out for details in your daily book.